



## Readiness Assessment for Coverage of the National Diabetes Prevention Program (National DPP) Lifestyle Change Program

### Readiness Assessment- PART 1

*Does the following statement apply to you?*

**...My organization has interest in covering the National DPP lifestyle change program, but needs to strengthen or better understand the program and business case prior to making the decision to cover.**

If so, please answer each of the following:

At my organization...	Yes	In Process	Not Yet
We understand the parameters of the National DPP lifestyle change program (the duration and frequency requirements of the program, eligibility requirements, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand the evidence associated with the National DPP.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand the potential benefits of the program for our eligible population (disease risk reduction, lower absenteeism, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We know which decision makers within our organization will need to sign-off on a coverage decision, and we already have meetings scheduled with them.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand, in general, the cost and value (ROI) of offering the program including cost-avoidance, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand who our target audience is for this program.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand what the National DPP lifestyle change program delivery options are: in-person, online, distance learning, and combination.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have presented the program to our HR and/or C-Suite.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have a point person/people assigned to help develop this benefit.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have connected with the State Health Department and/or other local resources that can help us with this work.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# Coverage Readiness Assessment for the National DPP

## Scoring:

For the above statements, each “Yes” answer receives 2 points, each “In Process” answer receives 1 point, and each “No” answer receives 0 points. Add up all your points to get your total score and enter it in the box below.

### Total Score

### Scoring Results:

- 0–6 points: The organization is early in gathering information about the program.
- 7–14 points: The organization has gathered some information, but still needs to continue to obtain more information in order to decide on coverage details.
- 15–20 points: The organization has done much of their initial information gathering and is prepared to begin making the business case and plan the benefit.

### Suggested Next Steps:

**If you scored 0–6 points: Use [coveragetoolkit.org](https://coveragetoolkit.org) to obtain more information about the program**

- Review the [National DPP](#) section of the Coverage Toolkit and learn about the National DPP lifestyle change program’s parameter and requirements.
- Look at **Phase I: Information Gathering** section of the [Pathways to Coverage of the National DPP for Employers](#) document
- Consider reviewing the [Case for Coverage for Commercial Payers](#) section of the Coverage Toolkit, specifically Stage 2: Preparing the Case for Coverage.
- Use the other statements of this Readiness Assessment document as additional action steps for your organization as you consider coverage.

**If you scored 7–14 points:**

- Review the [National DPP](#) section of the Coverage Toolkit and learn about the National DPP lifestyle change program’s parameter and requirements.
- Look at **Phase I: Information Gathering** section and **Phase II: Make the Business Case** of the [Pathways to Coverage of the National DPP for Employers](#) document
- Consider using at the [Case for Coverage](#) page of the Coverage Toolkit, specifically **Stages 2: Preparing the Case for Coverage** and **Stage 3: Planning the Benefit**
- Consider using the remaining statements on page 1 of this Readiness Assessment as additional action steps for your organization.

**If you scored 15–20 points:**

- Review the [Cost and Value](#) page and the [Reimbursement Models for Commercial Payers](#) page of the Coverage Toolkit to help inform your thinking about planning the benefit.
- Look at **Phase II: Make the Business Case** and **Phase III: Plan and Design the Benefit** of the [Pathways to Coverage of the National DPP for Employers](#) document
- Consider looking at the [Case for Coverage](#) page of the Coverage Toolkit, specifically Stages 2-3.
- Look at the [Readiness Assessment Part 2](#) doc as additional action steps for your organization while planning the benefit.

