Quarterly Bulletin:

Real solutions from policy to payment

Welcome to the first quarterly National Diabetes Prevention Program (National DPP) Coverage Toolkit Bulletin of 2023. This bulletin is released every three months (in February, May, August, and November), and includes a synopsis of the new content that has been published on the National DPP Coverage Toolkit (the Toolkit) and key highlights that demonstrate the impact on its readership. Toolkit updates are developed in alignment with our partners' technical assistance needs, focusing on the information partners need to plan for, operationalize, and sustain payer coverage for the National DPP lifestyle change program.

Here is a summary of Toolkit content updates and analytics from the past quarter, November 2022 - January 2023.

Updated Content and New Features

New Pages

A Recent Updates page was added to the Toolkit that links to the Quarterly Bulletins that have been and will continue to be released quarterly. If you would like to share these Quarterly Bulletins with your partners, please send them to this new page.

Main menu bar Home → Recent Updates

UHA Pages

UHA Overview Page – The UHA Landscape Analysis, a tool to help analyze the rate of prediabetes and the National DPP in a service area, and the UHA Checklist, a tool that outlines tasks for each phase of developing a UHA, were updated to reflect the most current versions. The UHA Resource Guide and accompanying UHA Resources at a Glance document were added to the Overview page. The UHA Resource Guide offers a comprehensive listing of components and topics related to UHAs and the At a Glance document gives a brief summary of what is included in the resource guide. Additionally, the Umbrella Hub Demonstration Section on the Overview page was updated to include Spotlight information documents for the Demonstration sites:

- Hawaii PCA - Focuses on public health infrastructure and Hawaii PCA's experiences working with FQHCs.
- Health Promotion Council - Focuses on achieving sustainability through payer reimbursement and HPC's experience becoming an MDPP supplier.
- Marshall University - Focuses on the importance of interdepartmental partnerships in operationalizing the UHA.

UHA Business Model Page – The Business Model page was updated to include the UHA Cost Study that was completed with a focus on the three Demonstration organizations. The cost study aims to give estimates of actual cots and cost categories for organizations wanting to operationalize a UHA.

Main menu bar Sustainability → Umbrella Hub Arrangements

Data, Reporting, and Evaluation Page

The Data & Reporting page was updated to be the Data, Reporting, and Evaluation page. The Evaluation section is the newest addition to the page and features ideas for developing a comprehensive evaluation plan to support improvements to the National DPP lifestyle change program delivery.

Main menu bar Medicaid or Commercial → Data, Reporting, and Evaluation

Reimbursement Page

The Reimbursement page was updated to feature Utah reimbursement information in the Summary Reimbursement Table and Reimbursement Models in Practice sections.

Main menu bar Medicaid → Reimbursement

Participating Payers

The Participating Payers page was updated to reflect current knowledge of payer and employer coverage of the National DPP lifestyle change program.

Main menu bar Participating Payers

Medicaid Case for Coverage

The Medicaid Case for Coverage page (Stage 1) now includes general descriptions of units (i.e., sections, divisions, departments, etc.) within Medicaid. Different functional units within Medicaid will have a role in implementing the National DPP lifestyle change program as a Medicaid-covered benefit, and connecting with and establishing good working relationships with Medicaid officials in one or more of these areas could help generate movement toward Medicaid coverage.

Main menu bar Medicaid → Case for Coverage

State Stories

Illinois State Story – The Illinois State Story was updated to include the most up to date information from the past year. Illinois' SPA approval and billing updates were added.
Oregon State Story – The Oregon State Story was updated to include The Current State of the National Diabetes Prevention Program Oregon Health Benefit study.

Main menu bar Medicaid → Medicaid Coverage → State Stories

MDPP Implementation Resources Page

The MDPP Implementation Resources page now includes two new resources. Under the Billing and Claims tab a new resource was added titled "Working with a Billing Vendor". Additionally, under the Working with MA Plans tab a new webinar recording about working with MA plans was included.

Main menu bar Medicare → Implementation Resources

Curriculum

On the Curriculum page, Hmong is the newest curriculum to be added to the page.

Main menu bar The National DPP → Curriculum
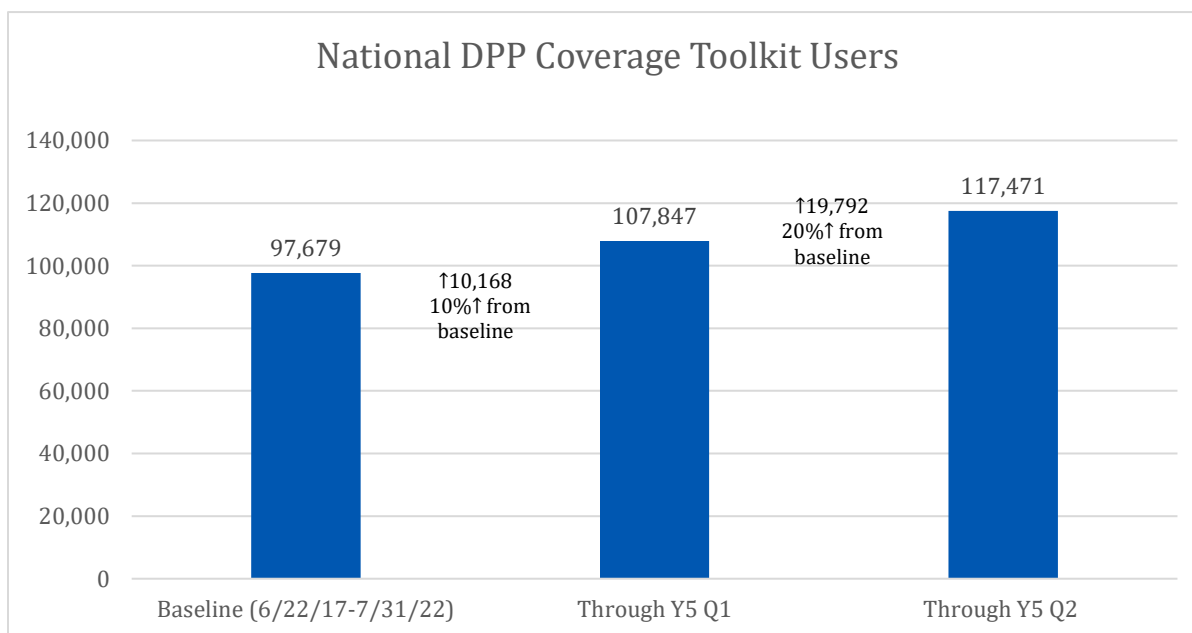
The Maryland State Story, the Recruitment & Referral, and Screening & Identification pages were updated to include information on how Maryland Medicaid has been working with Chesapeake Regional Information System for our Patients (CRISP), the state designated health information exchange (HIE), to identify individuals eligible for participation in the National DPP lifestyle change program and facilitate referrals through a closed-loop electronic referral process.

Various pages were updated to reflect the changes to the MDPP 2023 rates. Additionally, the Budget Projection Template Medicaid and Commercial Instructions and Budget Projection Template were updated to reflect the new rates.

Coming Soon! Updates and New Resources in the Works

- Participant Readiness Assessments will be added to the Toolkit.
- Umbrella hub, managed care and value-based care project planning templates will be added to the Toolkit.
- A new page will be added that details coverage of the National DPP lifestyle change program in carceral settings.
- New State Stories of Medicaid coverage will be added to the existing nine stories on the Toolkit.

Coverage Toolkit Website Analytics and Usage

National DPP Coverage Toolkit Users

	Baseline (6/22/17-7/31/22)	Through Y5 Q1	Through Y5 Q2
Users	97,679	107,847	117,471
Change		↑10,168 10%↑ from baseline	↑19,792 20%↑ from baseline

Context:

- Baseline numbers are based on ~5 years of data and all other columns correspond with quarterly reporting in year five (8/1/22 – 7/31/23) of a five-year cooperative agreement between CDC and NACDD (i.e., 'Y5 Q1' is 8/1/22 – 10/31/22 and 'Through Y5 Q1' means through 10/31/22)
- Unique Users (used to be called 'visits') are calculated for all who have initiated at least one session and could include return visitors using different devices or those who have cleared their cookie.

Recent Feedback from Toolkit Users:

"The new Health System Policy Specialist has been using the website as a part of her onboarding and education process"

"So far, the Toolkit is helping us understand what has been successful in other states and over what kind of timeline those initiatives were successful. The toolkit also helps [our partners] understand some language used in the Medicaid space thanks to the definitions and explanations included throughout the site that do not assume that certain terms or concepts are common knowledge."

"The toolkit continues to be a valuable resource in the day-to-day operationalization of the UHA work. The toolkit is a robust, current, incredibly helpful one-stop shop for DPP resources. It's great to visit the toolkit knowing that the most up-to-date resources will be there and it's fully credible- it can be trusted- and it shows what other states and grantees are doing- what has and hasn't worked for them, etc."

"The Coverage Toolkit is informative and helps to better understand strategies used by states to boost access and/or coverage for National DPP which can be applied to other evidence-based programs."

"The National DPP Coverage Toolkit provided a starting point for [our state's] MCOs to think about how to develop criteria to identify DPP eligible Medicaid members…".

For feedback or questions related to the National DPP Coverage Toolkit, please email coveragetoolkit@chronicdisease.org or visit https://coveragetoolkit.org/contact-us/

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