National Diabetes Prevention Program Coverage Toolkit

Quarterly Bulletin:

Real solutions from policy to payment

Welcome to the third quarterly National Diabetes Prevention Program (National DPP) Coverage Toolkit Bulletin of 2023. This bulletin is released every three months (in February, May, August, and November), and includes a synopsis of the new content that has been published on the National DPP <u>Coverage Toolkit</u> (the Toolkit) as well as key highlights that demonstrate the impact on its readership. Toolkit updates are developed in alignment with our partners' technical assistance needs, focusing on the information partners need to plan for, operationalize, and sustain payer coverage for the National DPP lifestyle change program.

Here is a summary of Toolkit content updates and analytics from the past quarter, May – July 2023.

Updated Content and New Features

New Pages

The <u>Engaging Correctional Facilities</u> page was added to the Toolkit to present ways to increase health equity and the quality of life for individuals who are incarcerated by providing the National DPP lifestyle change program in correctional facilities.

Main menu bar Sustainability \rightarrow Correctional Facilities

A new page featuring the <u>Healm Employer Platform</u> was also added to the Toolkit. Healm is an online platform developed with and for employers to help them make informed decisions about providing the National DPP lifestyle change program as a covered benefit for their employees.

Main menu bar Commercial Payers \rightarrow Healm Employer Platform

Health Equity Pages

The content in the suite of Health Equity pages was updated. One major addition was the <u>Health Equity</u> <u>Modifiable Slide Deck</u>. The slide deck was created to support conversations between State Health Departments and partners who are being engaged to expand the National DPP. The slide deck discusses the potential for the National DPP to help achieve health equity goals, reduce health disparities, and overcome health and economic social needs.

Main menu bar Sustainability \rightarrow Health Equity

Umbrella Hub Arrangement (UHA) Pages

The UHA <u>Overview</u>, <u>Business Model</u>, and <u>Sustainability</u> pages were updated to include sections dedicated to health equity. The Overview page now includes sections on Promoting Health Equity and the UHA Role in Understanding Social Determinants of Health (SDOH) and Addressing Health Related Social Needs (HRSN). The Business Model page was updated to include Considerations for Incorporating Health Equity



into the UHA Market Offering section. The Sustainability page now has an Address Participant HRSN and Coordinate Care section dedicated to health equity.

Additionally, the new <u>Subsidiary Onboarding and Engagement Checklist</u> was added to the Toolkit to help UHOs engage with potential subsidiary organizations, obtain commitment from subsidiary organizations to participate in the UHA, and orient subsidiary organizations to their roles and responsibilities.

Main menu bar Sustainability \rightarrow Umbrella Hub Arrangements

Medicare Diabetes Prevention Program (MDPP) Implementation Resources Page

The <u>MDPP Implementation Resources</u> page now includes seven new resources.

- MDPP During the Public Health Emergency (PHE) tab <u>CMS PHE Guidance</u>
- Marketing tab <u>Partnership Development to Increase MDPP Referrals and Marketing</u>
- Populations of Focus tab <u>Scaling the MDPP with Populations of Focus Summary: Men, Dual</u> <u>Eligible, and People Living with Disabilities</u>
- Working with Medicare Advantage (MA) Plans tab MDPP and MA Plans Summary
- Additional Resources tab <u>Spotlight on the Oregon Wellness Network: Partnership Development</u>, <u>MDPP All Project Call</u>, and <u>MDPP Enrollment Plan Template</u>

Main menu bar Medicare \rightarrow MDPP Implementation Resources

Managed Care Organization (MCO) Pages

The <u>Engaging MCOs to Attain Coverage</u> page was updated to include an MCO Perspectives section for states to understand why MCOs would be interested in partnering to expand delivery of the National DPP lifestyle change program, as well as a new Tips for Communicating with MCOs section. Additionally, an MCO Functional Units section was added that provides an overview of common positions and organizational structures in MCOs.

Main menu bar MCOs \rightarrow MCO Coverage

The <u>MCO Contracting</u> page was reorganized, and new content was added regarding contracting and reimbursement between MCOs and CDC-recognized organizations and MCOs and umbrella hub organizations (UHOs), including the differences between provider contracts and vendor agreements, tips for contracting with MCOs, and contracting considerations specific to UHOs.

Main menu bar MCOs \rightarrow Contracting

Screening and Identification

The <u>Screening and Identification for Medicaid Agencies and MCOs</u> page was updated to include <u>Participant Identification and Engagement Workflows</u>. A 'workflow' is the series of activities that are necessary to complete a task, such as referring and enrolling a participant in the National DPP lifestyle change program. Outlining National DPP engagement workflows helps partners explore existing processes and identify new processes for participant engagement.

Main menu bar Medicaid or MCOs \rightarrow Delivery \rightarrow Identification

Participating Payers

The <u>Participating Payers</u> page was updated to reflect current knowledge of payer and employer coverage for the National DPP lifestyle change program. It also has a new, interactive <u>Medicaid coverage map</u>.

Main menu bar Participating Payers

Evidence

On the <u>Evidence</u> page, the following journal articles were added:

- Evaluation <u>Effectiveness of the National Diabetes Prevention Program After Gestational</u> <u>Diabetes</u>
- Telehealth Effects of a Digital Diabetes Prevention Program: An RCT
- Statistics and Burden <u>Trends and Characteristics in Gestational Diabetes</u>: United States, 2016-2020

Main menu bar The National DPP \rightarrow Evidence

Curriculum

Swahili was the newest curriculum to be added to the <u>Curriculum</u> page.

Main menu bar The National DPP \rightarrow Curriculum

State Stories

Each of the <u>State Story</u> pages were updated to include call out boxes describing the state and key takeaways.

Main menu bar Medicaid \rightarrow Medicaid Coverage \rightarrow State Stories

Various Pages

The <u>Medicaid</u>, <u>MCO</u>, and <u>Commercial</u> Elevator Pitches were added to various pages on the Toolkit. These elevator pitches include talking points on the value proposition for offering the National DPP lifestyle change program.



For feedback or questions related to the National DPP Coverage Toolkit, please email <u>coveragetoolkit@chronicdisease.org</u> or visit <u>https://coveragetoolkit.org/contact-us/</u>

The Building Capacity for Public and Private Payer Coverage of the National DPP Lifestyle Change Program project is supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$4.3 million for grant year 5 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.

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publications@chronicdisease.org. Alternate formats can be made available within two weeks of a request.



Impact and Use

"The toolkit continues to be the primary comprehensive and upto-date resource the team refers to for technical assistance."

"The Coverage Toolkit website continues to be a key resource for sustainability and for partner inquiries about MDPP and Umbrella Hub Arrangements."

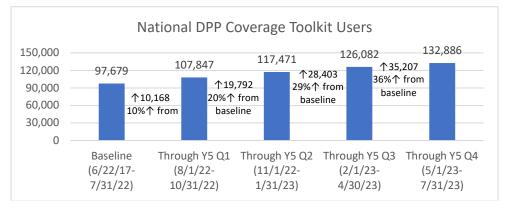
"The visualization for the sample data flows and reimbursement/billing process maps are invaluable reference points."

"We use the Coverage Toolkit several times a week as a tool to deepen understanding and to communicate and explain DPP and DPP billing to others."

"We use it in our written documentation to validate decisions and recommendations."

"We found value in the page titled 'Engaging MCOs to Attain Coverage' this quarter. This was particularly helpful as we faced several challenges with MCO engagement and are steadily working towards NDPP coverage for Medicaid."

132,886 Total Users Since Launch (6/22/17-7/31/23)



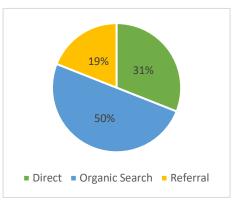
Pageviews- 24,451 views (5/1/23-7/31/23)

Most Viewed Pages/Sections	#	%
Homepage	3,893	15.9%
Participating Payers	1,723	7.0%
National DPP/ Overview	1,286	5.3%
National DPP/ Curriculum	1,212	5.0%
Coding and Billing for the National DPP	874	3.6%

PDFs Viewed - 1,965 views (5/1/23-7/31/23)

Most Viewed PDFs	#	%
Umbrella Hub Arrangements One-Pager	56	2.9%
Learnings from the Umbrella Hub Demonstration	51	2.6%
CMS Calendar Year MDPP Payment Rates	43	2.2%
CPT® Code Guidance for the National DPP from the AMA	39	2.0%
Quarterly Updates to the Toolkit, Q2 Quarterly Bulletin, May 2023	38	1.9%

How Users Access the Toolkit (5/1/23-7/31/23)



Referral users click on a link to coveragetoolkit.org from external websites:

Referral Source Website	#
CDC.gov	659
nationaldppcsc.cdc.gov	282
diabetes.org	131
amapreventdiabetes.org	78
chronicdisease.org	35